



Miliako Foundation



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About Us

Miliako Foundation is a Non Profit foundation based in Dar es Salaam, Tanzania that focuses on initiatives that are geared towards improving the quality of life for Tanzanians



VISION

“We envision a Tanzania where every child, woman, and family has access to the resources, education, and support they need to live healthy, fulfilling lives. A future where communities thrive with access to clean water, nutritious food, equal opportunities for education, and a commitment to protecting the environment.”

MISSION

“Our mission is to empower communities in Tanzania through comprehensive initiatives that promote HIV awareness and support, improve water and sanitation in schools, provide nutritious meals to underprivileged children, advocate for environmental sustainability, and uplift women and girls through education and empowerment. We are committed to advancing health, education, and sustainable development for a brighter future.”

Miliako's

Focus I

1. HIV Awareness and Support

- Goal: To increase awareness and provide support for people affected by HIV and AIDS in Tanzania.
- Key Actions:
 - HIV Education: Raise awareness about HIV prevention, transmission, and care, aiming to reduce stigma and encourage safer practices.
 - Support Services: Facilitate access to healthcare and treatment for individuals living with HIV, especially pregnant women, children, and families.
 - Eliminate HIV in Infants: Work towards the elimination of mother-to-child transmission of HIV, ensuring that pregnant women receive proper care and prevention.
 - Advocacy for Family Planning: Promote family planning in the context of HIV and tuberculosis (TB) care, helping families make informed health decisions.

2. Water and Sanitation in Schools

- Goal: To improve water and sanitation conditions in schools, ensuring a healthier environment for children to learn and grow.
- Key Actions:
 - Clean Water: Ensure that schools have access to clean drinking water, which is essential for preventing waterborne diseases and promoting good hygiene.
 - Bathroom Facilities: Build or upgrade bathroom facilities in schools, particularly in rural areas where infrastructure is often lacking. Clean and functional bathrooms are vital for students' health and dignity.

3. Nutrition in Schools

- Goal: To improve the nutritional status of children in underprivileged schools, ensuring they receive at least one healthy meal during school hours.
- Key Actions:
 - School Meal Programs: Implement school feeding programs that provide nutritious meals to children, enhancing their concentration and performance in school.
 - Promote Healthy Eating: Encourage healthy eating habits among students, teaching them the importance of balanced diets for overall well-being.

Miliako's

Focus II

4. Environmental Sustainability

- Goal: To foster environmental awareness and promote sustainability in communities across Tanzania.
- Key Actions:
 - Waste Management and Recycling: Promote recycling and proper waste disposal practices in schools and communities, reducing environmental pollution and conserving resources.
 - Environmental Education: Educate the public on the importance of sustainable environmental practices, including waste reduction, recycling, and the protection of natural resources.

5. Women and Girls' Empowerment

- Goal: To empower women and girls by ensuring access to education, resources, and opportunities for personal and professional development.
- Key Actions:
 - Education Access: Advocate for equal access to education for girls, especially in rural areas where gender disparities are more prevalent.
 - Support for Less-Fortunate Students: Provide necessary educational tools (like uniforms, books, and materials) to girls and women in need to enable them to stay in school and succeed.
 - Skill-building for Women: Offer programs that promote the economic empowerment of women, including skills training and financial literacy.

Our Team



Olivia Zoka

Founder & CEO

As the founders of Miliako Foundation, I am deeply committed to the vision of creating a healthier, more equitable Tanzania where every individual, regardless of their background or circumstances has access to the resources, support and opportunities they need to thrive.

PROFILE

Public Relations and Business Development professional with extensive experience in strategic communication, stakeholder engagement, and project coordination. With a strong foundation in corporate and public sector work, I bring this expertise to my role as a founder/member of Miliako Foundation, where I champion community empowerment, CSR initiatives, and sustainable development programs.

WORK EXPERIENCE

National Housing Corporation, Dar es Salaam **Senior Public Relations Officer (2021 – Present)**

- Leads communication strategies and public engagement programs. Oversees CSR initiatives, public exhibitions, and media representation.

Business Development Officer (2016 – 2021)

- Supported strategic business partnerships, investor relations, and large-scale development project planning.

EDUCATION

- **BA in Mass Communication** – University of South Australia via Taylor’s University, Malaysia (2008–2012)
- **Advanced Diploma in Hotel Management** – Mondriaan International Hotel & Management College, Netherlands (2006–2008)
- **Diploma in Food & Beverage Studies** – Mondriaan International Hotel & Management College, Netherlands (2003–2005)

SKILLS

- Public Relations & CSR Communications
- Program Management
- Stakeholder Engagement & Advocacy
- Microsoft Word, Canva, Adobe Illustrator (Beginner)
- Fluent in English & Swahili

Our Team



Getrude Mallya

Head of Product Development

At Miliako Foundation, we are focused on addressing some of the most pressing challenges facing Tanzania, from HIV awareness and maternal care to education, clean water access, and environmental sustainability. Our goal is not just to create products or services, but to create lasting solutions that empower communities and improve lives for generations to come.

PROFILE

A dedicated and results-driven Public Relations and Administration professional with over 10 years of experience in government and international settings. Skilled in strategic communication, stakeholder engagement, media relations, and policy implementation. Passionate about community empowerment through service and leadership.

EDUCATION

- B.A. in International Relations – United States International University, Nairobi, Kenya (2013)
- Exchange Program – Linnaeus University, Sweden (2012)

WORK EXPERIENCE

Senior Public Relations Officer, National Housing Corporation, Dar es Salaam (2021–Present)

- Manages corporate communications and media relations.
- Oversees social media and customer engagement strategy.
- Leads corporate events, CSR programs, and communication policy updates.

Administrative Officer, National Housing Corporation, Dar es Salaam (2014–2021)

- Oversaw procurement, budgeting, logistics, and staff supervision.
- Maintained contract compliance, insurance, and asset management.

Intern, UN-ICTR, Arusha (2013–2014)

- Supported outreach and protocol functions in a multicultural environment.

ADDITIONAL EXPERIENCE & TRAINING

- Attended various workshops in PR, procurement, leadership, and media content creation.
- Represented Tanzania in Model UN simulations (USA, Kenya).
- Volunteered in children's homes and participated in Rotaract community service.

SKILLS

- Fluent in English & Kiswahili
- MS Word, PowerPoint, Excel
- Strong leadership, presentation & team coordination skills

Our Team



Ishe Yen Rwegasira

Project Manager

I am truly grateful for the trust and collaboration of everyone involved in making these projects a success. Together, we are building a future where every individual has the opportunity to thrive, and we are proud to be a part of this transformational work.

PROFILE

Adaptable and driven professional with a background in urban planning and logistics. Committed to impactful work through the Miliako Foundation, focused on community development and empowerment.

EDUCATION

Bachelor of Science in Housing Infrastructure Planning

Ardhi University, Dar es Salaam, Tanzania | 2007–2011

SKILLS & EXPERTISE

- Warehouse operations & forklift certified
- Team collaboration & communication
- Workplace safety & quality standards
- GIS, CAD, urban planning & zoning
- Languages: English (Fluent), Swahili (Fluent), French (Beginner)

Contact Us



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follow us